



18TH ASEAN ORL-HNS CONGRESS

23 - 25 AUGUST 2019 . SINGAPORE

18TH ASEAN ORL-HNS CONGRESS DAY 1: FRIDAY, 23 AUGUST 2019

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|-------------|--|--|--|--|---|
| 0700 – 0800 | REGISTRATION (Grand Ballroom Foyer, Level 4) | | | | |
| 0800 – 0830 | PLENARY SESSION 1: HEAD & NECK (Grand Ballroom, Level 4) De-Escalation in Surgically Treated Oropharyngeal Cancer | | | | |
| 0835 – 1005 | RHINOLOGY SCIENTIFIC SESSION 1: RHINOLOGIC ALLERGY – WHAT IS NEW IN 2019 | HEAD & NECK SCIENTIFIC SESSION 1: MANAGEMENT OF ORAL CANCER IN ASIA (ASHNO) | FACIAL PLASTICS SCIENTIFIC SESSION 1: SURGICAL FACIAL REJUVENATION I | LARYNGOLOGY SCIENTIFIC SESSION 1: THE INJURED VOICE | SLEEP SCIENTIFIC SESSION 1: ADULT OSA |
| 0835 – 0850 | Endotype-Driven Allergic Rhinitis – The Next Frontier of Treatment? | Screening, Prevention, And Diagnosis | Surgical Anatomy: Face and Neck | Voice Rest for The Injured Performer | Non Hypoxic Sleep-Disordered Breathing |
| 0850 – 0905 | Updates on House Dust Mite Allergy – Diagnosis and Treatment | Can We Spare Mandibulotomy or Mandibulectomy? | Surgical Anatomy: Forehead and Eyes | Managing Voice Dysfunction after Thyroid Surgery | Phenotyping OSA |
| 0905 – 0920 | The Need for Allergen Immunotherapy in Allergic Rhinitis in Bandung Indonesia | Current Trend of Reconstruction of Oral Defect | Brow Lift | TBA | Positive Airway Pressure in OSA: Future Innovations |
| 0920 – 0935 | Unmet Needs in AR Management – What the Studies are Telling Us | Survival and Prognosticators | Upper Lid Blepharoplasty | Singing Voice Therapy | Weight Management in OSA |
| 0935 – 0950 | Local Allergic Rhinitis to Dust Mite: Prevalence and Clinical Characteristics | TBA | Lower Lid Blepharoplasty | Assessment and Management of Chronic Cough and Laryngeal Dysfunction | Asian Craniofacial Characteristics and PAP Masks : An RCT Trial |
| 0950 – 1005 | Questions and Answers | Questions and Answers | Questions and Answers | Questions and Answers | Questions and Answers |
| 1005 – 1035 | TEABREAK / EXHIBITION (Foyer, Level 4) | | | | |
| 1035 – 1105 | PLENARY SESSION 2: LARYNGOLOGY (Grand Ballroom, Level 4) Recurrent Respiratory Papillomatosis and The Impact of HPV Vaccine | | | | |
| 1105 – 1150 | OPENING ADDRESS & OPENING CEREMONY (Grand Ballroom, Level 4) | | | | |
| 1150 – 1220 | LUNCH / EXHIBITION (Foyer, Level 4) | | | | |
| 1220 – 1300 | SPONSORED LUNCH SYMPOSIUM (SPONSORED BY A. MENARINI ASIA-PACIFIC PTE LTD) (Grand Ballroom, Level 4) | | | | |
| 1300 – 1330 | PLENARY SESSION 3: RHINOLOGY (Grand Ballroom, Level 4) CRS: Emerging Knowledge in Pathophysiology & Treatment Implications | | | | |

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| 1335 – 1505 | RHINOLOGY SCIENTIFIC SESSION 2: CRS – MEDICAL & SURGICAL UPDATES FOR 2019 | HEAD & NECK SCIENTIFIC SESSION 2: HOW IT DO IT SESSION (VIDEOS) | FACIAL PLASTICS SCIENTIFIC SESSION 2: SURGICAL FACIAL REJUVENATION II | LARYNGOLOGY SCIENTIFIC SESSION 2: UPDATES IN LARYNGOLOGY | SLEEP SCIENTIFIC SESSION 2: DIAGNOSTICS IN OSA |
|-------------|--|--|--|---|---|
| 1335 – 1350 | Current Concepts in the Medical Management of CRS | Management of the Facial Nerve in Parotid Cance | Prevention and Treatment of Blepharoplasty Complications | TBA | Telemedicine in OSA |
| 1350 – 1405 | Updates in Conventional CRS Management: Medical & Surgical Perspectives from the Region | Thyroidectomy via Kocher Approach | Contouring the Zygoma and Mandible | Laryngeal Amyloidosis and a Review of Treatment Modalities | Is In-Laboratory Sleep Study Obsolete? |
| 1405 – 1420 | Updates on Long Term Low Dose Macrolides in CRS | Partial versus Total Laryngectomy | Face and Neck Lift | In-Office Procedures in Laryngology | Home Sleep Study |
| 1420 – 1435 | Central Compartment Atopic Disease | Marginal vs Segmental Mandibulectomy | Otoplasty | Updates On Management of Vocal Tremor and Spasmodic Dysphonia | Peripheral Arterial Tone Technology in OSA Diagnostics |
| 1435 – 1450 | Novel Surgical Procedures for Recalcitrant CRS | TBA | Panel Discussion: Managing Complications of Facial Rejuvenation Surgery | Transnasal Oesophagoscopy | Is There A Role for Pulse Oximetry as Diagnostic Test for OSA |
| 1450 – 1505 | Questions and Answers | Questions and Answers | | Questions and Answers | Questions and Answers |
| 1505 – 1535 | TEABREAK / EXHIBITION (Foyer, Level 4) | | | | |
| 1535 – 1605 | PLENARY SESSION 4: SLEEP (Grand Ballroom, Level 4) Sleep Disordered Breathing: The Way Forward | | | | |

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| 1610 – 1740 | RHINOLOGY SCIENTIFIC SESSION 3: ESS & BEYOND – HOW I DO IT | HEAD & NECK SCIENTIFIC SESSION 3: CHANGING TRENDS IN MANAGEMENT OF THYROID NODULES / CANCERS (KHNS) | FACIAL PLASTICS SCIENTIFIC SESSION 3: FACIAL RECONSTRUCTION | LARYNGOLOGY SCIENTIFIC SESSION 3: HOT TOPICS AND COOL CASES | PAEDIATRICS SCIENTIFIC SESSION 1: PAEDIATRICS OSA |
|-------------|---|--|--|---|--|
| 1610 – 1625 | Safe Endoscopic Sinus Surgery with the Microdebrider: The Free Edge Concept | Remote Access Thyroidectomy | Facial Scar Revision | TBA | Paediatrics Guideline on Screening for OSA |
| 1625 – 1640 | Surgical Approaches to The Maxillary Sinus | Neural Monitoring in Thyroidectomy | Auricular Reconstruction | Recurrent Laryngeal Nerve Re-innervation | Role of ENT Assessment for OSA |
| 1640 – 1655 | Current Surgical Concepts and Techniques in Approaching the Frontal Sinus | Molecular Diagnostics of Thyroid Cancer | Nasal Reconstruction | Adult Airway Stenosis – Updates on Cricotracheal Resection and Repair | Orthodontics Treatment for Paediatrics OSA |
| 1655 – 1710 | TBA | Less Is More – Surveillance of Thyroid Cancer | Cleft Lip and Palate Surgery | Radiation and the Larynx | Myofunctional Therapy in Paediatrics OSA |
| 1710 – 1725 | TBA | TBA | Reconstruction of Eyelid and Periorbital Defects | Case Sharing (Panel Discussion) | The Paediatrics to Adult OSA Continuum Questions and Answers |
| 1725 – 1740 | Questions and Answers | Questions and Answers | Management of Orbital Fractures: State of the Art | | |
| | | | Challenges in Management of Midface and NOE Fractures | | |
| | | | My Management of Mandible Fractures | | |
| | | | Sequencing in Facial Fractures | | |
| 1800 – 1900 | MEET THE MASTER SESSION / WELCOME RECEPTION (Lobby, Level 1) | | | | |
| 1900 | END OF DAY 1 | | | | |

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| | | | | |
|-------------|---|---|---|--|
| 0700 – 0730 | REGISTRATION (Grand Ballroom Foyer, Level 4) | | | |
| 0730 – 0800 | SPONSORED BREAKFAST SYMPOSIUM (Grand Ballroom Foyer, Level 4) | | | |
| 0800 – 0830 | PLENARY SESSION 5: SLEEP (Grand Ballroom, Level 4) Chairperson: Dr Chong Khai Beng Targeting Treatment According to OSA Phenotype | | | |
| 0835 – 1005 | RHINOLOGY SCIENTIFIC SESSION 4: SINONASAL TUMORS & CSF LEAKS | HEAD & NECK SCIENTIFIC SESSION 4: MINIMALLY INVASIVE HEAD AND NECK SURGERY | FACIAL PLASTICS SCIENTIFIC SESSION 4: AESTHETIC & FUNCTIONAL RHINOPLASTY I | SLEEP SCIENTIFIC SESSION 3: OSA OVERVIEW & ASSESSMENT |
| 0835 – 0850 | Current Management of Inverting Papilloma | Setting Up of Endonasal Skull Base Program | Nasal Aesthetics in Caucasian and Asean Patients: A Comparison | Management of OSA – Overview |
| 0850 – 0905 | Approaching Sinonasal Malignancies – Choosing the Best Modality for Optimal Outcomes | Nasopharyngectomy – Endoscopic vs Open | Intricacies of Asian Rhinoplasty | Pathophysiology of OSA and Surgical Implications |
| 0905 – 0920 | TBA | Transoral Surgery for Oropharynx Cancer | Implants in Rhinoplasty | Upper Airway Assessment in The Office |
| 0920 – 0935 | Clinical Approach to Diagnosing CSF Leaks for the Rhinologist | Transoral Laser Microsurgery for Laryngeal Cancer | Management of Ala-Columellar Disproportion | DISE – Current Use and Future Applications |
| 0935 – 0950 | Current Surgical Concepts in Endoscopic CSF Leak Repair | TBA | Balancing the Nasal Dorsum and Tip | Predictors of Surgical Success and Multilevel Surgery |
| 0950 – 1005 | Questions and Answers | Questions and Answers | Assessment and Management of Deviated Nose | Questions and Answers |
| 1005 – 1035 | TEABREAK / EXHIBITION (Foyer, Level 4) | | | |
| 1035 – 1105 | PLENARY SESSION 6: PAEDIATRICS (Grand Ballroom, Level 4) Peds OSA Update 2018 / Innovations to Improve Outcomes of Peds OSA Surgery | | | |

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| 1110 – 1240 | RHINOLOGY SCIENTIFIC SESSION 5: ENDOSCOPIC SKULL BASE SURGERY – WHERE ARE WE IN 2019? | PAEDIATRICS SCIENTIFIC SESSION 2: TBA | OTOLOGY SCIENTIFIC SESSION 1: FRONTIERS IN CHRONIC EAR SURGERY | FACIAL PLASTICS SCIENTIFIC SESSION 5: AESTHETIC & FUNCTIONAL RHINOPLASTY II | SLEEP SCIENTIFIC SESSION 4: OSA SURGERY I |
|-------------|---|---|--|---|--|
| 1110 – 1125 | Pushing the Boundaries of Endoscopic Skull Base Surgery: Current Concepts and New Frontiers for the Next Decade | Assessment of the Child with OSA (Guidelines from AAO) | Soft Tissue Work in Temporal Bone Surgery – The Neglected Twin? | Nasal Valve in Rhinoplasty | Nasal Surgery – Why and Surgical Techniques |
| 1125 – 1140 | The Internal Carotid Artery in the Skull Base: A Journey of Endoscopic Surgical Anatomy | Sleep Endoscopy Update (Patient Selection, How To Do It And Outcomes) | Ossiculoplasty Pearls | Difficult Revision Rhinoplasty | Palatal Surgery – From Ablation to Reconstruction |
| 1140 – 1155 | Endoscopic Transnasal, Transoral & Transpharyngeal Approaches to ITF/Parapharyngeal Space: Tips & Pearls | Anesthesia Considerations in Sleep Endoscopy (Drugs of Choice) | Endoscopic Ear Surgery | Cleft Lip Rhinoplasty | Tongue Base Surgery – Volumetric Reduction and Tension |
| 1155 – 1210 | Endoscopic Transpterygoid Nasopharyngectomy for Recurrent NPC: Surgical Tips & Challenges | Should Sleep Study be Performed for all Patients with Suspected OSA? | Endoscopic Ear Surgery | Rhinoplasty Complications | Skeletal Surgery – Genioplasty and MMA: Aesthetic, Airway, Angles' Consideration |
| 1210 – 1225 | Skull Base Reconstruction – Beyond the Nasoseptal Flap | Why is it Important to Treat OSA in Childhood? | Chronic Ear Disease in The Australian Indigenous Population – Lessons for Us | Panel Discussion: Challenging Cases in Rhinoplasty | Paediatric OSA Surgery: T & A and Beyond |
| 1225 – 1240 | Questions and Answers | Questions and Answers | Questions and Answers | | Questions and Answers |
| 1240 – 1310 | LUNCH / EXHIBITION (Foyer, Level 4) | | | | |
| 1310 – 1340 | SPONSORED LUNCH SYMPOSIUM (Grand Ballroom Foyer, Level 4) | | | | |
| 1340 – 1410 | PLENARY SESSION 7: OTOLOGY (Grand Ballroom Foyer, Level 4) | | | | |
| | 30 Years of Chronic Ear Surgery – What Have We Learned? | | | | |
| 1410 – 1440 | TEABREAK / EXHIBITION (Foyer, Level 4) | | | | |
| 1440 – 1510 | PLENARY SESSION 8: FACIAL PLASTICS (Grand Ballroom Foyer, Level 4) | | | | |

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| 1515 – 1645 | RHINOLOGY SCIENTIFIC SESSION 6: ROUNDTABLE CHALLENGING CASE DISCUSSION WITH THE EXPERTS – LESSONS LEARNT | PAEDIATRICS SCIENTIFIC SESSION 3: TBA | OTOLOGY SCIENTIFIC SESSION 2: CONTROVERSIES IN HEARING IMPLANTATION | FACIAL PLASTICS SCIENTIFIC SESSION 6 : NON-SURGICAL FACIAL REJUVENATION I | SLEEP SCIENTIFIC SESSION 5: OSA NON-SURGICAL THERAPY |
|-------------|---|--|---|--|---|
| 1515 – 1530 | <p>This will be a series of challenging cases encountered by a panel of senior rhinologists.</p> <p>Highlights :</p> <ol style="list-style-type: none"> 1. Discuss medical/topical Rx of CRS 2. Surgical techniques for recalcitrant sinusitis 3. Discuss the complexities of surgical approaches to skull base pathologies 4. Discuss the complications related to sinonasal and skull base procedures | Tongue Base Surgery in Children – How I Do It? | Hearing Preservation CI – Lessons Learnt | Surgical Anatomy for Filler and Botox Injections | Use and Limitation of CPAP Therapy |
| 1530 – 1545 | | Does Treating the Nose Help? (Association of AR With OSA) | Bimodal or Bilateral CI | Product Details of Available Fillers: Where and What to Use? | Oral Appliance: Primary and Combined Treatment |
| 1545 – 1600 | | Reliability of a Clinic Screening Tool in Diagnosing OSA in Children | Complications of CI A/Prof Low Wong Kein | Fillers For Facial Rejuvenation-My Results | Use of Positional Therapy as Single and Combined Modality |
| 1600 – 1615 | | Admission Criteria for Post T And A. Considerations for Cost Effectiveness | CI in the Very Young Children | Complications of Filler Injection: Prevention and Treatment | Hypoglossal Nerve Stimulation for OSA |
| 1615 – 1630 | | Future of Peds OSA | Single Sided Deafness CI – Current Status | Botox For Facial Rejuvenation | Myofunctional Therapy |
| 1630 – 1645 | Questions and Answers | Questions and Answers | New Technologies in CI | Questions and Answers | Questions and Answers |
| 1645 – 1735 | FREE PAPER (Grand Ballroom Foyer, Level 4) | | | | |
| 1900 – 2200 | GALA DINNER (Grand Ballroom Foyer, Level 4) | | | | |
| 2200 | END OF DAY 2 | | | | |

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18TH ASEAN ORL-HNS CONGRESS DAY 3: SUNDAY, 25 AUGUST 2019

| | | | | |
|-------------------|---|---|--|--|
| 0700 – 0730 | REGISTRATION (Grand Ballroom Foyer, Level 4) | | | |
| 0730 – 0800 | SPONSORED BREAKFAST SYMPOSIUM (Grand Ballroom Foyer, Level 4) | | | |
| 0800 – 0830 | PLENARY SESSION 9: FACIAL PLASTICS (Grand Ballroom Foyer, Level 4) | | | |
| 0835 – 1005 | PAEDIATRICS SCIENTIFIC SESSION 4: TBA | OTOLOGY SCIENTIFIC SESSION 3: NEUROTOLOGY | FACIAL PLASTICS SCIENTIFIC SESSION 7: NON-SURGICAL FACIAL REJUVENATION II | |
| 0835 – 0850 | TBA | Infratemporal Approaches to The Lateral Skull Base | Chemical Peels For Facial Rejuvenation | |
| 0850 – 0905 | TBA | TBA | Lasers For Facial Rejuvenation | |
| 0905 – 0920 | TBA | Facial Nerve Reanimation | Non-Surgical Facial Rejuvenation: What's New Out There? | |
| 0920 – 0935 | TBA | BPPV – More Than Meets the Eye | Treatment of Acne Scars | |
| 0935 – 0950 | TBA | TBA | TBA | |
| 0950 – 1005 | Questions and Answers | Questions and Answers | Questions and Answers | |
| 1005 – 1035 | TEABREAK / EXHIBITION (Foyer, Level 4) | | | |
| 1035 – 1105 | PLENARY SESSION 10: OTOLOGY (Grand Ballroom Foyer, Level 4) | | | |
| 1110 – 1240 | PAEDIATRICS SCIENTIFIC SESSION 5: PEDS ASPIRATION: EVAL AND MANAGEMENT & DYNAMIC AIRWAY CHALLENGES | OTOLOGY SCIENTIFIC SESSION 4: HEARING & HEARING LOSS | FREE PAPER | |
| Moderators | TBA | TBA | | |
| 1110 – 1125 | FEES, VFS, Clinical Assessment | It's All in The Mind: Hearing Loss & Dementia | | |
| 1125 – 1140 | Botox Injection in Pediatric Otolaryngology | Application of Teleotology | | |
| 1140 – 1155 | Exercise Induced Laryngeal Obstruction (EILO) | Issues in Hearing Aid Use | | |
| 1155 – 1210 | Management of Tracheomalacia | Current Status in Hearing Restoration | | |
| 1210 – 1225 | RRP Update 2019 | TBA | | |
| 1225 – 1240 | Questions and Answers | Questions and Answers | | |
| 1240 – 1320 | CLOSING (Grand Ballroom Foyer, Level 4) | | | |
| 1320 | END OF DAY 3 | | | |

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